### **HOUSE SPECIALTIES**

Gluten Free Pasta adds \$1.99. Ask your server.

- Shrimp Scampi, fresh vegetables & pasta.

  Gf upon request add \$1.99 21.99 \*
  - Seafood Jambalaya, with Spicy Sausage and Cajun spices. Gf 23.99 \*
- Seafood Alfredo, In pasta in our homemade Alfredo sauce. Gf add \$1.99 24.99\*

Jamaican Jerk Chicken

Chicken Marinated in our own recipe, Gf 16.99

Chicken & Broccoli Alfredo Served over penne pasta 18.99

#### **SEAFOOD**

- Gf upon request add \$1.49 23.99
  - Fish of the Day Today's catch Broiled, grilled, blackened, Gf & fried. Gf fried upon request add \$1.49 21.99
- Fried Shrimp Large, butterflied, served with our special 'No. 9' Seafood Dipping Sauce.

  Gf upon request add \$1.49 21.99
  - 3 Crab Cakes Gordon Fried or broiled, southern style w/blue claw & back fin crabmeat. Gordon's own recipe! 23.99
    - Fried Seafood Platter Shrimp, oysters, crab cake, & flounder. 28.99
      Steamed Seafood Platter

½ lb. shrimp, crab legs, clams and oysters. 28.99

Seafood Dinners served with a Choice of: Our own Cocktail, Creamy Tartar, or Our Special Recipe 'No. 9' Sauce. (All gf)

#### BEEF

**Delmonico**, U.S.D.A. hand cut Choice Beef, cooked your way. Gf 31.99 \*

Abbey's Marinated Steak Marinated in our signature sauce, a local's favourite! Gf 25.99 \* Surf & Turf U.S.D.A. Delmonico with fried (Gf add \$1.49) or broiled shrimp Gf 36.99

Jerk Chicken, Seafood and Beef Entrees served w/choice of one: Sautéed Fresh Seasonal Vegetables, Broccoli, Baked Potato, Fries, or Black Beans & Rice (All Gf)

Add a Salad Abbey to any entrée 4.49. "She loves you yeah, yeah, yeah..."

#### LITE FARE

ENNON

**Served with broccoli & steamed rice.** Fat and caloric values are approximations.

Grilled Chicken, 6 oz. Chicken Breast. Calories 366, Fat Grams 6 12.99

Steamed Shrimp, ½ lb. in the shell Calories 156, Fat Grams 1 15.99

#### **VEGETARIAN**

Gluten Free Pasta adds \$1.99. Ask your server.

Pasta Prima Vera Fresh veggies, pasta in our butter herb sauce. Gf upon request add \$1.99 13.99

Vegetable Stir Fry An assortment of seasonal veggies in a tangy sauce w/steamed rice. Gf 13.99

Pasta Marinara Homemade marinara served over Penne pasta Gf upon request add \$1.99 10.99

# **About Our Gluten Free Menu**

We use a gluten free fryer and grill and select gluten free products. Our soy sauce for our marinades and stir-frys is gluten free and we use a special blend of gluten free flours and seasonings for our seafood breading. Our brownies are baked from scratch with cocoa and gluten free flour. And, two thirds of our menu is or can be prepared *Gf!* 

We regret that we cannot guarantee the possibility of cross-contamination.

## **DELICIOUS DESSERTS**

Abbey's Key Lime Pie 7.49

Our Recipe Specialty Cheesecake 8.49

Brownie Sundae Homemade brownies topped w/vanilla ice cream. Gf 8.49

Vanilla Ice Cream Gf 4.99

Bread Pudding w/Vanilla Ice Cream 7.99

Everything is prepared to order. Relax & Enjoy!

We use only 100% real butter and no hydrogenated oils!

Please, only one check per party. Thank you.

\* Consuming raw and undercooked seafood and beef may increase your risk of food borne illness. These items are cooked to order.

\*All menu items are priced in cash. Due to high processing fees there is a 3% surcharge on credit cards.

Thank you for your understanding & patronage!